

**Shyama Prasad Mukherji College**  
**Teaching Plan (Jan - June 2022 session)**

<b>Course and Year</b>	:	B.A. (H) Applied Psychology, III year
<b>Semester</b>	:	VI
<b>Taught individually or shared</b>	:	shared
<b>Paper</b>	:	Project
<b>Faculty</b>	:	Dr. Anamika Rai
<b>No. of Classes (per week)</b>	:	2 Theory

**Programme Objectives:** LOCF offers a focused, outcome-based undergraduate curriculum with a framework to organize teaching-learning experiences around student requirements. LOCF improves student learning.

The B.A.(Hons) Applied Psychology programme defines its goals and assures results. The programmes list graduate-level qualities. Morality, emotional stability, critical thinking, social justice, and developing employability skills are graduate attributes. This curriculum prepares students for long-term success.

Project/Dissertation American Psychological Association (APA) style to be followed for project writing.

**Abstract** – 150 words including problem, method & results.

**Introduction** – Theoretical consideration, review, present study, objectives and hypotheses.

**Method** – Design, Sample, Measures, Procedure

**Results**- Quantitative analysis of group data (Raw data should not be attached in Appendix, Graphical representation of data wherever required. Qualitative analysis wherever done should indicate the method of qualitative analysis.

**Discussion & Conclusion**

**References** (APA Style) & Appendix

Project should be in soft binding. It should be typed in 1.5 spacing on both sides of the paper. Total text should not exceed 50 pages (References & Appendices extra). Project should be prepared in the form of research paper to be published in a reputed scientific journal.

### **Readings:**

E-resources will be used in searching the articles for the purpose of review of literature.

Aron, A., Aron, E. N., & Coups, E. J. (2007). Statistics for Psychology. 4th ed. India: Pearson Education, PrenticeHall.

Field, A. (). Discovering statistics using IBM SPSS Statistics, 4 ed., SAGE Publication.

King, B. M., & Minium, E.W. (2007). Statistical Reasoning in the Behavioral Sciences. (5th Ed.) USA: John Wiley.

Publication manual of American Psychological association, 6th edition., Washington DC.

No of classes required to complete the project/dissertation: approx. 60 hours

Methodology of Teaching: Discussion, Teaching of statistical analysis through software.

**Assessment:** assessment will be done on the basis of overall project carried out by the student. Dissertation is expected to complete by second week of April,2022.

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<b>Course and Year</b>	:	B.A. (H) Applied Psychology, I year
<b>Semester</b>	:	II
<b>Taught individually or shared</b>	:	shared
<b>Paper</b>	:	Introduction to Psychology -II
<b>Faculty</b>	:	Dr. Anamika Rai
<b>No. of Classes (per week)</b>	:	2 Theory & 4 Praticals

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**UNIT I** - Nature and scope of Psychology, Historical Development and Current Status, Psychology in India. Biological Basis of human behavior, Neuron, Structure and Function of Nervous System specifically brain

**Readings prescribed in the syllabus**

Atkinson, R. L., Atkinson, R. C., Smith, E. E., Bem, D. J. & Hilgard, E. R. (2013). Introduction to Psychology. New York: H. B. J. Inc. (Ch. 1, pg 2-28; Ch. 5 , pg 150-198; Ch 8, Pg 270-316)

Baron, R.A. & Misra, G. (2014). Psychology. New Delhi: Pearson Education. ( Ch.1, pg 1-42; Ch. 3, pg 88-126; Ch. 6 , pg 215-255; Ch. 7, pg 236-269)

Ciccarelli, S. K., Meyer, G. E. & Misra, G. (2013). Psychology: South Asian Edition. New Delhi: Pearson Education. (UNIT 1 :Ch. 3, pg 88-126; Ch. 6, pg 212-251)

Passer, M.W. & Smith, R.E. (2013). Psychology: The Science of Mind and Behavior. New Delhi: Tata McGraw-Hill .(Ch. 7 , pg 210-249) Sternberg, R. (2000). Psychology : In Search of the Human Mind. Wadsworth Publishing

### **Additional Readings**

Morgan, C.T., King, R.A., Weiss, R.A., & Schopler, J. (2004). Introduction to Psychology (7th Edition). New York, NY: McGraw Hill. (UNIT 1: Ch. 1 & Ch. 2, UNIT 2: Ch. 3, UNIT 3: Ch. 4, UNIT 4: Ch. 5)

Susan Nolen-Hoeksema (2014) Atkinson & Hilgard's. Introduction to Psychology. 16th Edition ISBN:9788131528990 India, Cengage New Edition.

### **E - Resources**

NEURONS, NEUROTRANSMISSION AND COMMUNICATION  
[https://us.sagepub.com/sites/default/files/upm-assets/61038\\_book\\_item\\_61038.pdf](https://us.sagepub.com/sites/default/files/upm-assets/61038_book_item_61038.pdf)

Neurotransmission Fact Sheet  
[https://www.drugabuse.gov/sites/default/files/worksheetsmod1\\_69.pdf](https://www.drugabuse.gov/sites/default/files/worksheetsmod1_69.pdf)

Neurotransmission <https://faculty.washington.edu/chudler/bex/4ntintro.pdf>

**UNIT IV:** Memory as Information Processing - Parallel distributed processing, Memory as a reconstructive process; Forgetting; Improving Memory, Application of memory.

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Atkinson, R. L., Atkinson, R. C., Smith, E. E., Bem, D. J. & Hilgard, E. R. (2013). Introduction to Psychology. New York: H. B. J. Inc. (Ch. 1, pg 2-28; Ch. 5 , pg 150-198; Ch 8, Pg 270-316)

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Susan Nolen-Hoeksema (2014) Atkinson & Hilgard's. Introduction to Psychology. 16th Edition ISBN:9788131528990 India, Cengage New Edition.

### **E - Resources provided to students**

Memory in Old Age: Current Scenario in India <http://oaji.net/articles/2015/1170-1443376053.pdf>

Memories for Life: A Review of the Science and Technology [https://www.researchgate.net/publication/6937100\\_Memories\\_for\\_Life\\_A\\_Review\\_of\\_the\\_Science\\_and\\_Technology](https://www.researchgate.net/publication/6937100_Memories_for_Life_A_Review_of_the_Science_and_Technology)

The "online brain": how the Internet may be changing our cognition [https://www.researchgate.net/publication/332899918\\_The\\_online\\_brain\\_how\\_the\\_Internet\\_may\\_be\\_changing\\_our\\_cognition](https://www.researchgate.net/publication/332899918_The_online_brain_how_the_Internet_may_be_changing_our_cognition)

Technology-Induced Human Memory Degradation [https://pdfs.semanticscholar.org/c067/e4fd472c03709789118283a90921a55166d9.pdf?\\_ga=2.67916817.1416634105.1579966929-181049441.1574571610](https://pdfs.semanticscholar.org/c067/e4fd472c03709789118283a90921a55166d9.pdf?_ga=2.67916817.1416634105.1579966929-181049441.1574571610)

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No of classes required to complete the unit (approx.):

Unit I: 16 hours

Unit II: 16 hours

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**Methodology of Teaching:** Lectures, PPT, audio-visual aids & focus group discussions

**ASSESSMENT:** Tentative date of assessments/ assignments (time frame): Class test/presentations-last week of May 2022, Assignment - last week of May 2022, viva voce- first week of June 2022

**Criteria of Assessment:** assignments, presentations, class test, viva voce

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